



7th
EUROPEAN CONFERENCE ON

BRAIN STIMULATION IN MENTAL HEALTH

New Frontiers in Brain Stimulation Practice across the Lifespan



Pre-conference Course

Introduction to Non-Invasive Brain Stimulation (NIBS)

October 15-17, 2026
Maritime Station | Conference Centre – Napoli

Proposed program

- 09:00–09:10 Welcome and introduction
Chris Baeken
- 09:10–09:30 The ESBS certification pathway
Chris Baeken
- 09:30–09:40 Q&A on ESBS certification
- 09:40–09:45 Short break
- 09:45–10:05 TMS basics: what it is and how it works
Lasse Christiansen
- 10:05–10:25 tES basics: what it is and how it works
Sofia Fernandes
- 10:25–10:40 Overview of current clinical and research guidelines
Albino Oliveira-Maia
- 10:40–11:00 Safety and ethics in NIBS
Weronika Debowska
- 11:00–11:05 Short break
- 11:05–12:00 Mini hands-on demonstrations with sponsors and informal Q&A



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Participants will receive:

- a certificate of attendance (ESBS certifies that they have attended the Introductory course on NIBS)
- information about the ESBS Certification pathway

*This course **does not replace** the full ESBS Certification; rather, it is positioned as an introductory educational activity and a preparatory step toward more comprehensive ESBS training.

*The final session is intended as an introductory demonstration and familiarization opportunity only and **does not replace** the structured practical training required for the ESBS Certification.

The course is included in the congress registration fee.